

Excerpts from the Newsletter issued by Abiko City Tel: 04-7185-1111

Enjoy Teganuma! 2025

Date: May 11 (Sun) 09:00-15:30 (In case of rain, some parts will be cancelled) Inquiry: Teganuma Section at 04-7185-1484

Let us go to Teganuma Aquatic Park (Shinsui-hiroba), Water Museum (Mizu-no-yakata) and Bird Museum.

Free entrance to Water Museum Planetarium and Bird Museum on May 11 Access: Bando Bus from Abiko Station (Five-minute walk from City Office Mae Bus Stop) You can enjoy the following events, stages and shops.

Events: (Experience) Small yacht, canoe, rubber boat, fish observation and drowing, horse riding, stamp rally, observation of sunspot, bird watching

(Making crafts) Boomerang using milk pack, soap, rubber band of birds, owls using pinecone

(Exhibition) Teganuma Laboratory (history, etc. of Teganuma), tatami mats made of palm fruit, company booths

Stage: (Dance) ABIKO SORAN Asuka-gumi, KANON DANCE Studio, KOKOROZASHI, Spark Girls, Mshow dance crew, Yosakoi Kashiwa Kurenaijuku, Y.O DANCE STUDIO (Music)Abiko Kappa Daiko, Abiko Romantica, Naeda Tamiko, Ruru Onee-san (Show) Teganuman Show

Shops: (Meals) Ikayaki, fried chicken, Onigiri, Gapao rice, Curry and Nan, spit-roasting, fried potato, hot dog, fried noodles, grilled chicken and chicken parts, long potato, etc. (Candy and sweets) shaved ice, Taiyaki (fish-shaped pancake filled with anko), churros, chocolate banana, popcorn, long marshmallow, cotton candy, bracken-starch pastry (Others) Abiko Original goods, Teganuma Unakichi goods, etc.

Opinion Exchange with Mayor HOSHINO Jun-ichiro

Following Opinion Meetings with Mayor Hoshino are held and anyone can join them. Common theme: Main Business Plans for FY2025

Date	Time	<u>Venue</u>
May 10 (Sat)	10:00-12:00	Kohokudai Community Center
May 11 (Sun)	10:00-12:00	Araki Community Center
	14:00-16:00	Fusa Minami Community Center
May 17 (Sat)	10:00-12:00	Abiko Minami Community Center
		(Keyaki Plaza 9 th Hall)
	14:00-16:00	Tennodai Kita Community Center

Inquiry at 04-7185-1714 (Secretariat)

Let us ride bicycles safely

May is the month when Chiba Prefecture strengthens promotion of safe use of bicycles. The prefecture aims at promoting compliance with traffic rules using "Chiba Cycle Rules" and preventing traffic accidents of bicycle riders and dangerous / nuisance behaviors by bicycle users.

64% of fatal bicycle accidents involve fatal head injuries. Let us both adults and children wear helmets to lessen damage from traffic accidents.

Chiba Cycle Rules

(Before riding)

(1) Get bicycle insurance. (2) Check and maintain bicycles. (3) Install reflecting materials.(4) Wear helmets. (5) Never drink and ride.

(During riding)

 Ride a bike on the left side of the road. (2) Pedestrians come first. (3) Never ride while holding an umbrella, using smartphones and earphones. (4) Check for safety at crossings. (5) Turn on the light even at twilight.

Inquiry: Abiko Police Station at 04-7182-0110

Individual Number Card Services on Weekends (By reservation only)

Call the Civic Section at 7185-4326 (9:00 - 17:00 on weekdays except national holidays) for a reservation.

	Dates and Hours	Reservation will be accepted
weekends	May 25 (Sun) 9:00 -12:00	From 9:00 on May 7 (Wed)
	June 14 (Sat) 9:00 -12:00	From 9:00 on May 28 (Wed)

Location: Civic Section (Abiko City Hall, 1F)

<u>Services</u>: Application (reservation not required) and Issuance (reservation required) of Individual Number Cards, Renewal of electric certificate (reservation not required) <u>Requirements</u>: notification card, 2 kinds of your ID (residence card, special permanent resident certificate, driver's license, health insurance card, bank passbook, etc.)

Advisory Services- May 2025

*Reservation required

Item	Date/Time	Location	Contact
Legal Advice	May 15,16,20,22 and 27 10:30 ~ 15:00	Civic Consulting Room, 2F, Abiko City Hall Or by telephone	Secretarial Section * Tel: 04-7185-1714 Call for an appointment
Daily Life Advice	Weekdays (except national holidays) 8:30 ~ 17:00	Social Welfare Section West Annex 2F	Social Welfare Section Ext.394
Child Matters in General	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 1F	Child Consulting Section Tel: 04-7185-1821
Domestic Violence	Weekdays (except national holidays) 8:30 ~ 17:00	West Annex 2F	Support Office for DV Social Welfare Section Tel: 04-7185-1113
Consultations for Foreign Residents	Sun, Mon, Tue, Wed, Fri, Sat (except national holidays) 10:00 – 16:30	AIRA Office Abiko Civic Plaza	E-mail: info@e-aira.jp Tel: 04-7183-1231 Leave your name & phone number, and a counselor will call you back later.

Public Health Care Center Programs – May. 2025 Tel:04-7185-1126*

Item	Date	Eligibility
Welcome Baby Classes	May 10, 17 and 24 (Sat) Reservation required*	Expecting women of 20 weeks or over, and their family
Consultation for 4-month-old children	May 7 (Wed) and 13 (Tue)	Children born in Dec, 2024

Health Checkup for 18-month-old children	May 8 and 15 (Thu)	Children born between Sep 17 and Oct 22, 2023
Dental Checkup for 2-year and 8-month-old children	May 22 (Thu)	Children born in Sep, 2022
Health Checkup for 3-year-old children	May 8 and 15 (Thu)	Children born in Sep 17 and Oct 26, 2021
Dental Checkup for 5-year-old children	May 22 (Thu)	Children born between May 4 and June 6, 2020
Baby Food Class for 4 to 6-month-old babies	May 30 (Fri) Reservation required*	First 30 applicants (parents of 4-6 month olds)
Baby Food Class for 8 to 9-month-old babies	May 14 (Wed) Reservation required*	First 20 applicants. Children born in Aug, 2024

— Urgent Health Care Consultations —

1. <u>Sudden Illness at Night or on Holidays</u>: hospital introductions

Call Fire Station at 04-7184-0119. They will advise you of an appropriate holiday/nighttime emergency hospital or pediatrician. Before going there, talk with the hospital on the phone about your sickness or injury. In urgent cases, <u>call 119</u> for an ambulance.

2. <u>Child's Sudden Illness at Night</u>: telephone consultation with a nurse

Call #8000 or 043-242-9939 Hours: 19:00 ~ 8:00 next day A nurse will advise you about the care to be taken for your infant/child.

3. <u>Sudden Illness at Night and Holidays</u>: telephone consultation with a nurse Call #7119 or 03-6810-1636 Hours: weekdays and Saturdays 18:00 ~ 8:00 next day Sundays, Holidays and year-end/New Year holidays: 9:00 ~ 8:00 next day

4. <u>Illness or Toothaches on Holidays</u>: contact Holiday Clinic at 04-7187-7020

(1) Dentist: 9:00-11:30 (2) Internal Medicine & Pediatrician: 9:00~11:30,13:00~16:30 Note: <u>Holidays</u>: Sundays, national holidays, year-end/New Year holidays

Please do not hesitate to call for an ambulance in case of serious injury or acute illness.

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